



VFW NATIONAL MILITARY SERVICES

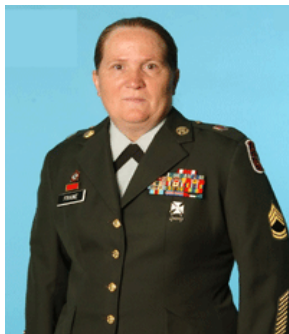
VFW OPERATION UPLINK™ • VFW UNMET NEEDS • VFW MILITARY ASSISTANCE PROGRAM

UPDATE

Mentor Guides the Way

February 16, 2010 • VFW National Military Services Update

Sergeant First Class Rosa Fraine has seen it all. After nearly 30 years in the military, Fraine now sees several reasons for concern.



“Service members are having a hard time finding jobs, managing money and maintaining important relationships,” said Fraine. “It’s sad how many service members and veterans are dealing with financial disaster and divorce.”

Fraine, a Pennsylvania native, understands these issues all too well. After serving in Desert Storm and Iraq, Fraine knows exactly what service members and veterans need.

“My fellow veterans have been there,” said Fraine. “There’s nothing we can do but try to guide our fellow comrades.”

And guide them she has.

“I see myself as a conduit of information,” said Fraine. “I do what I can to help veterans and service members on a one-to-one basis.”

“In 2009 VFW provided \$671,068.58 in emergency financial assistance to 428 families nationwide.”

When Fraine comes across a person with financial problems, she helps them fill out a claim for **VFW Unmet Needs**. On top of that, Fraine mentors those who are seeking a promotion in the military.

Fraine sets a great example for veterans looking to do their part to help their own.

“I’m always willing to help. My hope is that my fellow veterans feel the same,” Fraine concluded.

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